

LSO Discovery

FERGAL IS FUMING!



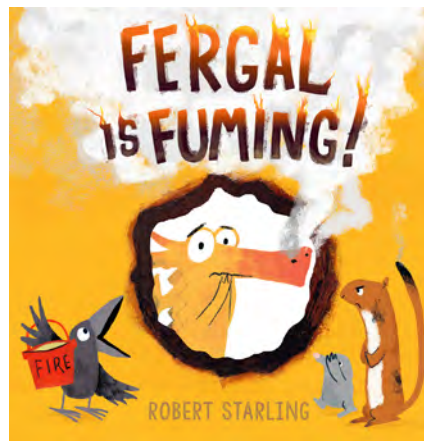
Songs and Activities
by Vanessa King and Robert Starling

LSO

click & watch

Devised by Vanessa King with original music by Robin Haigh, we are delighted to present an online reimagining of Robert Starling's much-loved children's book, *Fergal is Fuming!*. This activity pack is designed to help you and your little ones get the most out of the performance, whether that's at home or in a nursery setting.

A dragon with a short temper is not a good combination, as Fergal's family and friends soon find out. He burns the dinner (literally), reduces the football goal to ashes and absolutely cannot play a nice, quiet board game. It is only when he starts to notice other animals have clever tricks to calm down that Fergal begins to win back his friends, especially when he discovers dragons can cool off in a very handy way.



You can purchase a copy of *Fergal is Fuming!* [here](#)

The **London Symphony Orchestra** is built on the belief that extraordinary music should be available to everyone, everywhere. From orchestral fans in the concert hall to first-time listeners across the UK, Europe and the world. The LSO was established in 1904 as one of the first orchestras shaped by its musicians. Today, the LSO is ranked among the world's top orchestras and is Resident Orchestra at the Barbican in the City of London.

Through a world-leading learning and community programme, **LSO Discovery**, the LSO connects people to the power of great music. Based at LSO St Luke's, the Orchestra's community and music education centre, LSO Discovery's reach extends across East London, the UK and the world through both in-person and digital activity. The impact is unrivalled, and every year, LSO Discovery reaches thousands of people of all ages.

Vanessa King



Vanessa is the LSO's early years specialist: creating and leading Shake, Rattle and Roll workshops and Musical Storytelling performances at LSO St Luke's; as well as outreach sessions with local nurseries, children's centres and hospitals. Alongside her work with LSO Discovery, Vanessa plays French horn with the Bootleg Beatles; highlights include supporting Oasis and Rod Stewart as well as performing at the Proms with the BBC Symphony Orchestra. It was the arrival of her two children, Jemma and Abigail, that inspired Vanessa to become involved in music classes for the very young. She set up Rat-a-tat Tots and composed Jemma's Journey and Abi's Adventure.

(photo © Kevin Leighton)

Robert Starling



Robert started doodling characters when he was little, and just kind of kept going, filling paper, sketchbooks and school exercise books along the way. His books have been translated into twenty languages, and his debut, Fergal is Fuming! was shortlisted for the Waterstones Children's Book Prize. A former teacher, he now enjoys running workshops, talks and writing sessions. When he's not drawing, he can be found doing daddy duties, hunting for cake or popping the kettle on. He lives in the West Country with his wife and children.

Robin Haigh



Robin first began writing music as a teenager, playing very noisy sounds on an electric guitar. As he got older, he realised he liked the noisy part but not the playing, so started writing music for other (better) musicians to play instead. He's written pieces of music where instruments imitate wolves, and where a musician plays a harp with a screwdriver. As well as regularly working with professional orchestras, Robin has written lots of music for young and amateur musicians including THREE LITTLE MAMMOTHS with author Eoin McLaughlin. Robin is an [LSO Soundhub](#) Associate.

LSO Musicians

During the online performance you'll also meet five musicians from the London Symphony Orchestra:

Chi-Yu Mo
clarinet



Eve-Marie Caravassilis
cello



Jim Maynard
trombone



Naoko Keatley
violin

Sam Walton
percussion



1. Let's Make a Band



Make a band for yourself using household items
– maybe a saucepan, a cheese grater and a wooden spoon,
or even a plant pot!

Explore these sounds and talk about how they make you feel.

How do you make a happy sound?
How do you make an angry sound?
Can you make a running sound?
Can you make a calming sound?

Which sound would Fergal like best?

2. Fergal's Band

Once you've made your band and explored the different sounds, you can put them together into a song using the tune from 'The Wheels on Bus'!



**There are lots of sounds in Fergal's band
Fergal's band
Fergal's band
There are lots of sounds in Fergal's band
And this is how they go**

**Who can play as quiet as a mouse SSH
Quiet as a mouse SSH
Quiet as a mouse SSH
We can play as quiet as a mouse SSH
Listen to our sounds**

**Who can play as loud as a lion ROAR
Loud as a lion ROAR
Loud as a lion ROAR
We can play as loud as a Lion ROAR
Listen to our sounds**

**Who can play as slow as an elephant BANG
Slow as an elephant BANG
Slow as an elephant BANG
We can play as slow as an elephant BANG
Listen to our sounds**

**Who can play as quickly as a cheetah
Quickly as a cheetah
Quickly as a cheetah
We can play as quickly as a cheetah
Listen to our sounds**

**Now let's all dance and play in the band
Dance in the band
Play in the band
Yes let's all dance and play in the band
We're in Fergal's band HOORAY!**



3. Look at the front cover

What's happened?

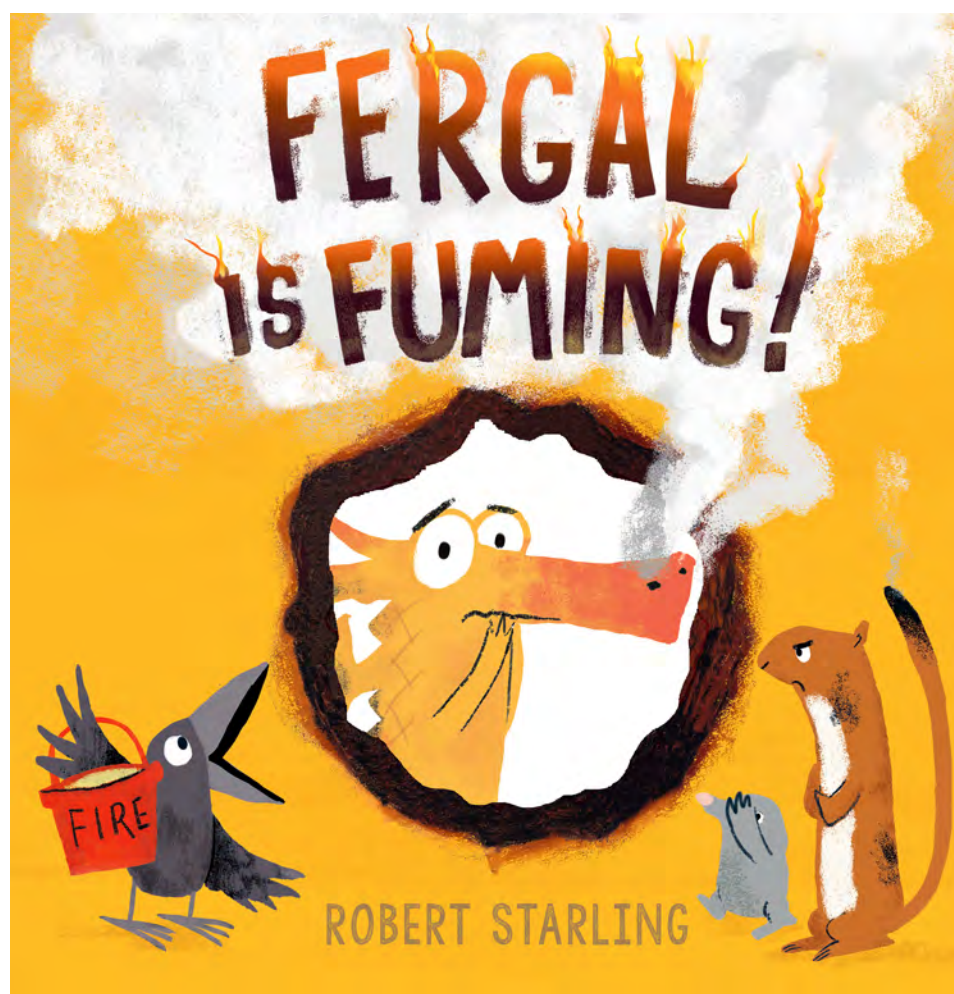
How do you think the other animals feel?

How does Fergal feel?

What does fuming mean? Where do you get fumes?

What other words could we use instead?

Why do you think he is fuming?



4. 'Fergal gets very...very...angry!'

Look at the *Fergal's Feelings Cards* (also included at the end of this pack for you to cut out).

Can you find one where he is angry?
How do you know he is angry?
What are the other emotions?
How does it feel when *you* get angry?



There is room for interpretation here, but the suggested feelings are (L-R):

sad / thoughtful

disgusted

worried / guilty

really happy / joyful

happy

angry

surprised

fuming!

scared

Can you match the pictures to the feeling words?
Can you match the feelings to the scenes described?

5. Fergal's Fuming!

click & watch

Have a listen to Vanessa singing [`Fergal is Fuming!`](#)

You can join in with, `IT'S NOT FAIR!`

**Fergal is fuming, Fergal is cross,
Fergal thinks he is the boss.
All he shouts is IT'S NOT FAIR!
What should we do, I really despair.**

**Are we in charge?
Yes we're in charge!
But what should we do?
But what should we do?**

**Fergal's burnt up all his food,
Fergal's being very rude.
All he shouts is IT'S NOT FAIR!
What should we do, I really despair.**

**Are we in charge?
Yes we're in charge!
But what should we do?
But what should we do?**

**Fergal's burnt the goal-post down,
Shall we push him out of town?
All he shouts is IT'S NOT FAIR!
What should we do, I really despair.**

**Are we in charge?
Yes we're in charge!
But what should we do?
But what should we do?**

**Fergal's burnt up all the cakes,
What a mess Fergal makes.
All he shouts is IT'S NOT FAIR!
What should we do, I really despair.**

**Are we in charge?
Yes we're in charge!
But what should we do?
But what should we do?**



6. Feeling Fiery

Look at the picture below.



Why do you think Fergal burnt these objects?

What made him angry?

What could he have done instead?

When do *you* get angry?

What do *you* do when you get angry?

Can *you* draw a time you felt angry?

What happened?

7. Cooling Down

In the story, Fergal finds new ways to keep calm and happy.

When do you feel most calm, happy and peaceful?

Can you draw it?

Can you play it?



8. Listen, Draw and Play

Have a listen to the LSO musicians playing the [Holberg Suite](#) by Edvard Grieg.

click & watch

How does the music make you feel?

Why not colour in some of Robert's illustration from *Fergal is Fuming!* on the next page while listening to the music?

Can you think of any other ways that Fergal could relax?

Can you draw it?

Can you play it?

Can you plan a relaxing day for Fergal to make sure he stays cool?

The important thing here is that being angry is a normal emotion, and we all feel it sometimes. If something isn't fair, feeling angry about it might just make us try to make it better. We get into a pickle when we let the anger take over – then we can't think straight.

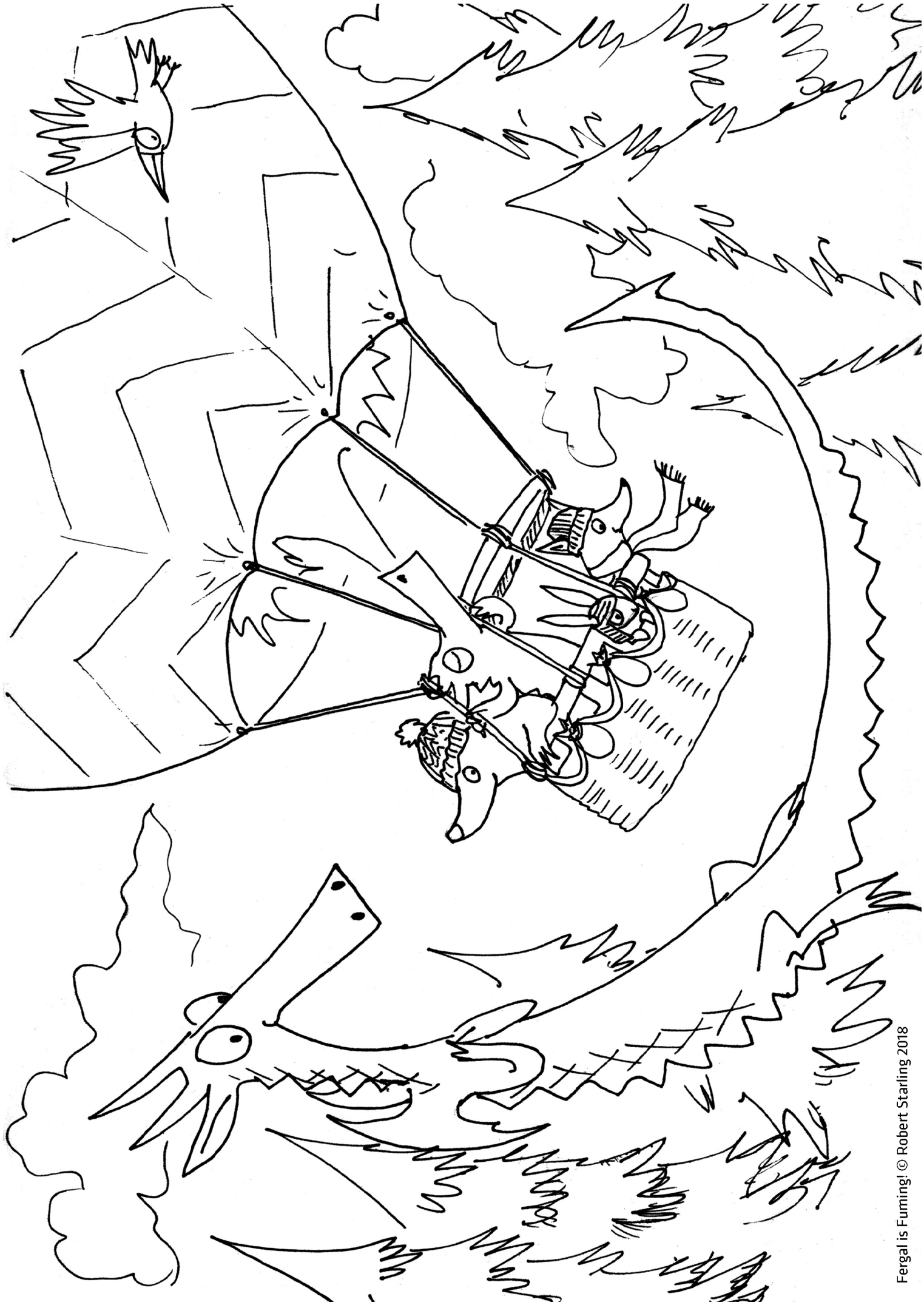


Your feedback

We always want to make sure you have a great experience, so if you have five minutes, please fill out our [online survey](#) to let us know what you thought.

Thank you for your time!







sad

disgusted

worried

**really
happy**

happy

angry

surprised

fuming!

scared

**Fergal
came
last in
a race.**

**Fergal
doesn't
like
the food.**

**Fergal
broke
someone's
toy.**

**Fergal
won
a race.**

**Fergal
had a
good sleep
last night.**

**Fergal
has to
tidy his
toys.**

**Fergal
got a lovely
letter from
a far-away
friend.**

**Someone
has been
teasing
Fergal.**

**Fergal
heard a
strange
noise at
night.**

LSO Discovery

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