# Relaxed Friday Lunchtime Concert

## Friday 7 June 2024 12.30pm Jerwood Hall, LSO St Luke’s

Today’s concert:

Overture  
Possible  
Variation on ‘O Fortuna’  
The Ghost Ship  
Jam  
The Dragon's Journey  
Finale  
  
all pieces are devised by LSO Create

Performers:

LSO Create Monday Club  
Stef Tepper: flute  
Sam Walton: percussion  
Julia O'Riordan: viola  
Tom Goodman: double bass  
Mark Withers: presenter  
Angie Newman: BSL interpreter

# LSO Create and Mark Withers

## LSO Create pieces

LSO Create has worked in small groupings to compose the chamber music that is included in today’s performance, first performed at LSO St Luke’s on 27 April 2024. The pieces draw on individual members’ own skills and creativity and are further inspired by ideas taken from two of composer Florence Anna Maunders’ works – ‘Desert Places’ and ‘Khashab Mahtam’. You will hear the influence of breath on musical phrasing, the power of starting with a single pulse and a single note and the infectious energy of a 10/8 dance rhythm. In contrast, the Overture and Finale to the concert that are performed by the entire LSO Create group follow a very classical pattern. A grand beginning and a celebratory end as you would find in a Bach suite or a Mozart opera. They open the concert with a flourish and close it with joy.

Note by Mark Withers

# About LSO Create

The LSO Create Monday Club is a series of music workshops for disabled, non disabled and/or neurodivergent adults, who meet roughly once a month at LSO St Luke’s. The workshops are inspired by repertoire being performed by the LSO, and the group’s diverse life experiences. United by a love of music, participants compose, improvise and create music together, alongside LSO musicians and workshop leader Mark Withers.

To find out more about LSO Create, please visit: https://www.lso.co.uk/learn-and-discover/inclusive-activities/create-monday-club/

# Today’s Performers

LSO Create  
Alex  
Angel  
Conor & Dolores  
Dami  
Jessica & Miray  
Karen  
Kwaga  
Marcello & Jackie  
Mark & Paula  
Moishe  
Paul  
Peter  
Shaahid  
Stephen & Hazel  
Tom

Stef Tepper: flute  
Sam Walton: percussion  
Julia O'Riordan: viola  
Tom Goodman: double bass

# Mark Withers

## Presenter

Mark performs and creates music working alongside musicians from all walks of life. He designs and leads creative outreach projects as well as training programmes for artists, working regularly with Accentus, La Chapelle Musicale Reine Elisabeth, the Amsterdam String Quartet Biennale, Insula Orchestra and the Paris Conservatoire. Mark has helped to establish new programmes with groups including the Hallé Orchestra, the Orchestre Philharmonique de Radio France and the Orquesta Nacional de España and currently directs ongoing programmes with the London Symphony Orchestra and the Festival d’Aix. As a performer, he has performed on modern and period instruments with groups such as Orchestre des Champs Elysées, Orchestra of the Age of Enlightenment and the Orquestra de Cadaqués, where Mark was a member from 1988 to 2001.

Mark has a special interest in music and vulnerable communities. For over 25 years he has led the LSO’s programme for children in hospital schools and directed LSO Create. Mark is an advisor to the charity Jessie’s Fund, providing music for disabled and life-limited children throughout the UK.

# Angie Newman

## BSL interpreter

Angie Newman has worked extensively across music and deaf education for many years. Her knowledge and expertise in these areas, combined with her skills as both a British Sign Language interpreter and a musician, enable her to make music more accessible to young deaf people and adults, bridging the worlds of deafness and music, something she feels passionate about.

She has worked for six successive years with the BBC interpreting family Proms, including CBeebies Proms. She works with a variety of leading orchestras in the UK, including the London Symphony Orchestra, London Philharmonic Orchestra, Philharmonia Orchestra and many others, interpreting for their education and community programmes. Angie loves to relax by walking, cycling, playing the piano and violin, and practising yoga.

# Your Feedback

Thank you for joining us for this Relaxed Lunchtime Performance.

Please let us know what you thought of the concert by completing a short survey. We would love to hear your thoughts.

Scan the QR code below to complete the survey.

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